

AMSSM/SOUTH BEND SPORTS ULTRASOUND; INCLUDING INJECTIONS

BEGINNING/INTERMEDIATE LEVEL COURSE

***CADAVER (FRESH TISSUE)
INJECTION WORKSHOP***

CME CREDIT AVAILABLE

LIMITED REGISTRATION

**JANUARY
14-16, 2022**

South Bend, Indiana

Indiana University School of Medicine

All educational sessions will be held at Indiana University School of Medicine - South Bend.

FACULTY

Stephen M. Simons, MD, FAMSSM, FACS, RSMK
Course Director, St. Joseph's Regional Medical Center;
Director Emeritus, South Bend – Notre Dame Sports Medicine
Fellowship Program, South Bend, Indiana

J. Bryan Dixon, MD

Advanced Center for Orthopedics; Team Physician, Northern
Michigan University, Marquette, Michigan

David M. Harsha, MD, RSMK

Head Team Physician, DePauw University, Hendricks Regional
Health Sports Medicine, Danville, Indiana

Chris Jordan, MD, ATC

St. Joseph's Sports Medicine Institute, Mishawaka, Indiana;
Co-Director, South Bend – Notre Dame Sports Medicine
Fellowship Program, South Bend, Indiana

Joel Kary, MD

St. Vincent Sports Performance, Indianapolis, Indiana

Francis G. O'Connor, MD, MPH, FAMSSM, RSMK

Medical Director, Consortium for Health and Military
Performance; Professor, Uniformed Services University of the
Health Sciences, Department of Military and Emergency
Medicine, Bethesda, Maryland; Past President, American
Medical Society for Sports Medicine

COURSE DESCRIPTION/TARGET AUDIENCE

This course is designed for physicians who wish to acquire and/or enhance their skills in diagnostic sports ultrasound and ultrasound-guided injections of common musculoskeletal problems. There will be significant hands-on experience in both diagnostic scanning and injections in the (fresh) cadaver lab as well as ample opportunity for participants to ask questions and interact with faculty.



COURSE LOCATION

All educational sessions will be held at:

Indiana University School of Medicine - South Bend
Harper Hall
1234 Notre Dame Avenue
South Bend, IN 46617

GOALS AND LEARNING OBJECTIVES

At the conclusion of this program, the participant should be able to:

- Develop competence in utilization of an ultrasound machine for sports ultrasound scanning;
- Acquire skills in standardized protocols and techniques for common sports ultrasound exams including: shoulder, wrist, knee, ankle, elbow and hip;
- Identify normal anatomy during sports ultrasound;
- Describe and explain the indications and benefits of sports ultrasound-guided injections;
- Formulate and apply appropriate record keeping, documentation and billing; and
- Develop an understanding of and acquire advance diagnostic and ultrasound-guided procedure skills for beginner and intermediate attendees.

CME CREDIT



In support of improving patient care, this activity has been planned and implemented by Indiana University School of Medicine and American Medical Society for Sports Medicine (AMSSM).

Indiana University School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Indiana University School of Medicine designates this live activity for a maximum of 14.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

REGISTRATION INFORMATION

CONFERENCE REGISTRATION

AMSSM Members \$1,600.00
Non-Members \$2,000.00

On the registration form, please indicate your level of training/ experience in diagnostic and ultrasound-guided procedure skills as either:

- Beginner (no experience)
- Intermediate (a little experience at diagnostic and ultrasound-guided procedure skills)

COURSE REGISTRATION DEADLINE: THURSDAY, JANUARY 3, 2022

CONFERENCE REGISTRATION:

- Online registration is encouraged. You have the option to pay by check or credit card when registering online. A receipt will be generated upon completion of your online registration. If paying by check, please include a copy of the registration receipt you received through email with your check payment to the AMSSM office. Click [here to register online](#).
- OR, print and fax/mail the registration form along with your payment to the AMSSM office. Please be aware that your spot will not be secured until your registration is processed.

American Medical Society for Sports Medicine
4000 West 114th Street, Suite 100
Leawood, KS 66211
(913) 327-1415 (Phone)
(913) 327-1491 (Fax)
registration@amssm.org • www.amssm.org

REGISTRATION INCLUDES: Conference and meeting materials

REFUND POLICY

NO REFUNDS WILL BE OFFERED FOR THIS COURSE.

The planners and sponsors of this event claim no liability for the acts of any suppliers to this meeting or the safety of any attendee at or while in transit to this event. The planners and sponsors reserve the right to cancel this event without penalty. Attendees who purchase non-refundable airline tickets do so at their own risk. The total amount of any liability of the planners and sponsors will be limited to a refund of the registration fee. Your submission of the registration form acknowledges acceptance of these terms.

IMAGE/LIKENESS/VOICE RELEASE

I understand and agree that, as a result of participating in an AMSSM conference, my image, likeness or voice may be recorded by photography, video or other medium. I hereby grant irrevocable and unrestricted permission to AMSSM and its representatives or assignees to use my image, likeness or performance in any medium and for any purpose. I hereby waive any right to inspect or approve such use of materials. Your submission of this registration form acknowledges acceptance of these terms.

HOTEL ACCOMMODATIONS

FAIRFIELD INN & SUITES SOUTH BEND AT NOTRE DAME

Conveniently located within walking distance to the educational activity located in Harper Hall at IU School of Medicine. A block of rooms has been reserved at the Fairfield Inn & Suites South Bend at Notre Dame at the room rates/night listed below plus applicable taxes. The room rates do not include the applicable state and local taxes (currently 15.00%) in effect at the time of check-out. The Fairfield Inn & Suites requires a deposit for one night plus tax by credit card.

Room Type	Room Rate/Night (plus applicable taxes)
Standard Guest Room (King Bed)	\$129.00
Standard Guest Room (2 Queen Beds)	\$134.00

The Fairfield Inn & Suites South Bend at Notre Dame offers complimentary on-site parking as well as WiFi and hot breakfast for hotel guests.

ROOM RESERVATION DEADLINE:

Room/rate availability can only be guaranteed until December 15, 2019 OR UNTIL THE ROOM BLOCK IS SOLD OUT, WHICHEVER COMES FIRST. Please make your reservation early.

HOTEL CANCELLATION POLICY

Cancellation of room reservations must be received 48 hours prior to your arrival date or first night's room plus applicable taxes will be charged.

Check-in: After 3:00 p.m. | Check-out: By 12:00 p.m. (Noon)

On-site Parking Fee for hotel guests is included in the room rate.

FOR RESERVATIONS

- **Online Reservations:** Making your reservations online is encouraged by the hotel. Online reservations will guarantee accurate booking and receipt of an electronic confirmation. Reservations can be made, modified or cancelled online using the following link:

[Book your group rate for AMSSM South Bend Ultrasound Course](#)

- **Telephone Reservations:** Please call (574) 228-2800 and request the room block group rate for the event "AMSSM South Bend Ultrasound Course".

Fairfield Inn & Suites South Bend at Notre Dame
1220 East Angela Blvd.
South Bend, IN 46617
(574) 234-5510 (Ask for Reservations)



COURSE INFORMATION



AMSSM VACCINATION REQUIREMENT

The AMSSM Board of Directors recently approved a requirement that all attendees, speakers, staff, ultrasound company representatives and others attending AMSSM Meetings must be fully vaccinated for COVID-19 in order to participate.

AMSSM members (member registrants and Course Faculty that are AMSSM members) will be asked to attest to vaccination (honoring and trusting a physician's oath of professionalism and ethics and expectation to report honestly).

All other participants (non-member registrants, Course Faculty that are not AMSSM members, staff and ultrasound company representatives) will be asked to attest to vaccination and required to submit documentation to registration@amssm.org no later January 3, 2022 (CDC card or document from physician or health system)



IUSM MASK REQUIREMENT

Indiana University School of Medicine – South Bend is the site for the 2022 AMSSM/South Bend Sports Ultrasound; Including Injections Beginning/Intermediate Level Course.

Masking is required at all times except when food or beverage is served. All attendees, speakers, staff, ultrasound company representatives and others attending this course must adhere to this mask requirement in order to participate.

COVID-19 DISCLAIMER

Specifically relating to the global COVID-19 pandemic, attendees acknowledge the highly contagious nature of COVID-19 and voluntarily assume the risk of exposure or infection by attending the 2022 AMSSM/South Bend Sports Ultrasound; Including Injections Beginning/Intermediate Level Course, and that such exposure or infection may result in personal injury, illness, disability and/or death to attendee. Attendee understands that the risk of becoming exposed to or infected by COVID-19 from the actions, omissions or negligence of others who may attend the course or their families, colleagues or others with whom they may have contact. Accordingly, attendee understands and agrees that this release includes any claims based on the actions, omissions or negligence of AMSSM, its employees, agents and representatives, whether a COVID-19 infection occurs before, during or after participation in the conference. Attendee agrees to comply with all COVID-related procedures that may be implemented by AMSSM and/or IUSM including, but not limited to, being fully vaccinated, mask-wearing and social distancing requirements and restrictions on certain activities that carry higher COVID-related risk, in order to protect as much as possible, the health and safety of all attendees.

PROGRAM

INDIANA UNIVERSITY SCHOOL OF MEDICINE • SOUTH BEND, INDIANA

FRIDAY, JANUARY 14, 2022

- 1:00 p.m. Registration
- 1:30 p.m. Welcome, Introduction, Overview.....*Stephen M. Simons, MD, FAMSSM, FACS, RMSK*
- 1:45 p.m. Lecture: Basic Principles/Knobology
- 2:30 p.m. Lecture: Joint Injection Principles – *Indications for Ultrasound*
- 3:15 p.m. BREAK
- 3:30 p.m. Intermediate/Advanced Injections
- 3:45 p.m. Scan Demonstration: Principles.....*Stephen M. Simons, MD, FAMSSM, FACS, RMSK*
- 4:15 p.m. Hands-on Scanning.....*All Faculty*
- 5:00 p.m. Recess

SATURDAY, JANUARY 15, 2022

- 8:00 a.m. Instruction for Day
(For subsequent sessions: Attendees will be divided into Group A and Group B)
- | GROUP A | | GROUP B | |
|--------------------------------|--|---|--------------------|
| 8:15 a.m. | Scan Demonstration: Shoulder..... <i>All Faculty</i> | Joint Injection Lab..... | <i>All Faculty</i> |
| 8:45 a.m. | Hands-on Scanning: Shoulder..... <i>All Faculty</i> | Joint Injection Lab..... | <i>All Faculty</i> |
| 10:00 a.m. BREAK | | | |
| GROUP A | | GROUP B | |
| 10:15 a.m. | Scan Demonstration: Elbow/Wrist/Hand..... <i>All Faculty</i> | Joint Injection Lab..... | <i>All Faculty</i> |
| 10:45 a.m. | Hands-on Scanning: Elbow/Wrist/Hand..... <i>All Faculty</i> | Joint Injection Lab..... | <i>All Faculty</i> |
| 12:00 p.m. LUNCH (on your own) | | | |
| GROUP A | | GROUP B | |
| 1:15 p.m. | Joint Injection Lab..... <i>All Faculty</i> | Scan Demonstration: Shoulder..... | <i>All Faculty</i> |
| 1:45 p.m. | Joint Injection Lab..... <i>All Faculty</i> | Hands-on Scanning: Shoulder..... | <i>All Faculty</i> |
| 3:00 p.m. BREAK | | | |
| GROUP A | | GROUP B | |
| 3:15 p.m. | Joint Injection Lab..... <i>All Faculty</i> | Scan Demonstration: Elbow/Wrist/Hand..... | <i>All Faculty</i> |
| 3:45 p.m. | Joint Injection Lab..... <i>All Faculty</i> | Hands-on Scanning: Elbow/Wrist/Hand..... | <i>All Faculty</i> |
| 4:45 p.m. | Review, Wrap-Up, Questions..... <i>Stephen M. Simons, MD, FAMSSM, FACS, RMSK</i> | | |
| | <ul style="list-style-type: none">• Shoulder: ACJ, GHJ, SAB• Wrist: Carpal Tunnel, Wrist Joint, deQuervains, CMC• Knee• Hip• Ankle/Foot: Ankle, MTP, Peroneal/Posterior Tibialis | | |
| | Format | | |
| | <ul style="list-style-type: none">• Live Demonstration (for landmarks, techniques)• Cadaver Demonstration of Injection• Cadaver Practice | | |
| 5:00 p.m. | Recess | | |

Intermediate Attendees – Upper Extremity Diagnostic Scanning/Laboratory Injections TBD based on attendee preferences.

PROGRAM

INDIANA UNIVERSITY SCHOOL OF MEDICINE • SOUTH BEND, INDIANA
SUNDAY, JANUARY 16, 2022

All Attendees:

8:00 a.m. Lecture: Administration — Billing, Coding, Documentation.....*J. Bryan Dixon, MD*

Beginning Level Attendees:

8:30 a.m. Scan Demonstration: Hip/Knee.....*Joel Kary, MD*

9:00 a.m. Hands-on Scanning: Hip/Knee.....*All Faculty*

10:00 a.m. BREAK

10:15 a.m. Scan Demonstration: Ankle/Foot.....*Stephen M. Simons, MD, FACSM, RMSK*

10:45 a.m. Hands-on Scanning: Ankle/Foot.....*All Faculty*

Intermediate Level Attendees:

8:30 a.m. - 11:45 a.m. LE Diagnostic Scanning

All Attendees:

11:45 a.m. Wrap-Up/Questions

12:00 p.m. Adjourn



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JANUARY 14-16, 2022



SCHOOL OF MEDICINE
INDIANA UNIVERSITY



REGISTRATION FORM

Please register online at www.amssm.org to reserve a place at the conference. By completing [online registration](#), you have the option to pay by check or credit card. A receipt will be generated upon completion of your online registration. If you prefer to fax or mail in your registration, please be aware that your spot will not be held until your registration is processed. To guarantee registration, register online and pay by check or credit card. For mailed or faxed registrations, please return the form below—type or print legibly. One form must be completed for each registrant. **The registration deadline is January 3, 2022.** Register early! Meeting space is limited.

REGISTRATION INFORMATION (Mailing address listed will be placed on the participants' list)

☐ I agree to allow AMSSM to share my mailing address (not email) with the faculty/company supporters of this course.

Full Name

Registrant's Mailing Address Line 1

Mailing Address Line 2

City State/Province Postal Code Country (if outside USA)

Office Phone Office Fax Cell Phone

REGISTRATION RECEIPT WILL BE EMAILED TO THE EMAIL ADDRESSES LISTED BELOW

Registrant's Email Address:

For reimbursement purposes, please email my receipt to:

BADGE INFORMATION

Nickname or First Name

First Name Last Name Degree

Company/Affiliation

City State Postal Code

PHYSICAL OR DIETARY REQUIREMENTS

☐ Physical/dietary restrictions (not food preferences) requiring accommodation in order to fully participate in this activity.

Please list requirements:

REGISTRATION FEE • ADVANCE REGISTRATION DEADLINE: JANUARY 3, 2022

☐ AMSSM Member Registration \$1,600.00

☐ Non-Member Registration \$2,000.00

PLEASE INDICATE YOUR LEVEL OF EXPERIENCE/TRAINING IN DIAGNOSTIC AND ULTRASOUND-GUIDED PROCEDURE SKILLS

☐ Beginning Level (no experience) ☐ Intermediate Level (a little experience with diagnostic ultrasound/basic injections)

AMSSM VACCINATION REQUIREMENT & IUSM MASK REQUIREMENT POLICY AGREEMENT
(All attendees are required to complete this section)

COURSE VACCINATION AND MASK REQUIREMENT POLICY: All attendees must agree to comply with all COVID-related procedures that may be implemented by AMSSM and/or IUSM including, but not limited to, up-to-date fully vaccinated for COVID-19, mask-wearing and social distancing requirements and restrictions on certain activities that carry higher COVID-related risk (on page 4), in order to protect as much as possible, the health and safety of all attendees.

☐ I have read, understand and agree to comply with the Vaccination, Mask and Social Distancing Requirements for this course.

Attendee's Signature.....

Have you been fully vaccinated for COVID-19:

☐ Yes, I am attesting that I am fully vaccinated for COVID-19
(Non-members – Please email vaccination documentation to registration@amssm.org)

☐ I will be fully vaccinated by January 3, 2022
(Non-members – Please email vaccination documentation to registration@amssm.org)

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JANUARY 14-16, 2022



SCHOOL OF MEDICINE
INDIANA UNIVERSITY

SAINT JOSEPH
Regional Medical Center

REGISTRATION FORM (Continued)

ACCEPTANCE OF COURSE REFUND POLICY

COURSE REFUND POLICY: No refunds will be offered for this course. The planners and sponsors of this event claim no liability for the acts of any suppliers to this meeting, or the safety of any attendee at or while in transit to this event. The planners and sponsors reserve the right to cancel this event without penalty. Attendees who purchase non-refundable airline tickets do so at their own risk. The total amount of any liability of the planners and sponsors will be limited to a refund of the registration fee.

☐ I agree and accept the refund policy as stated above. Attendee's Signature:

PAYMENT METHOD (Check made payable to AMSSM) Fed ID: 39-1715104

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express ☐ Check Payment (*payable to AMSSM*)

Credit Card Number Expiration Date (mm/yy)

Security Code (CVV) (last 3 digits on back; 4 digits on front of AMEX)

Cardholder's Name Cardholder's Signature

For information and if mailing or faxing your registration, return this form and payment to:

AMSSM | 4000 W. 114th Street, Ste. 100 | Leawood, KS 66211 | (913) 327-1415 (Phone) | (913) 327-1491 (Fax) | Email: registration@amssm.org

Secured registration is available online at www.amssm.org